

**Office of the Director,
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Memo No.-1052(15)/WBJA/P-190/2021-22

Dated Rajarhat, the 16th of February, 2022

From: Sanjib Daruka
Additional Director,
West Bengal Judicial Academy
Rajarhat, New Town, Kolkata- 700 160

To 1. The District Judge,
South24Pgs./North 24 Pgs./ Howrah/Hooghly/Nadia/ Purba Bardhaman/Paschim
Bardhaman/Purba Medinipur/Paschim Medinipur / Darjeeling/ /Murshidabad/ Dakshin
Dinajpur/Coochbehar/Jalpaiguri/Malda
2. The Chief Judge, City Sessions Court, Calcutta
3. The Chief Judge, Presidency Small Cause Court, Calcutta

Sub.- Online Training Programme on “Stress Management” for the Judicial Officers of all ranks

Sir/Madam,

The above online Training Programme is scheduled to be held **on 18.02.2022 from 03.30 pm to 05.00 p.m.** in view of the approval of the Hon'ble High Court, Calcutta.

Your good self is requested to direct the concerned Judicial Officers to follow the below mentioned guidelines:

- To positively download “**Microsoft Teams**” application in his or her device (Smart phone/Laptop).
- A link to the programme will be sent **about 15 minutes prior** to the scheduled time for each training schedule via email to the participants.
- While joining the “Microsoft Teams”, the participant Judicial Officers **must type their individual name first** and then get into the online training programme.
- The interested officers may put their question(s) in order by opting the “**raising hand**” option in the “Microsoft Teams” application.
- Every participating Judicial Officer must keep his or her video in the “**on**” mode and the microphone in the “**off**” mode while joining the programme.
- The online training programme is proposed exclusively for the Judicial Officers of the West Bengal Judicial Service and no outsider be allowed to participate in the programme, nor the programme link/ID may be shared with any outsider or in any social media platform;
- The concerned Judicial Officers in your Judgeship are to participate/attend in the said Online Training in befitting formal attire.

Your goodself is requested to inform the Judicial Officers to ensure the glitch free internet connectivity with the assistance of the System Officers of the district, before commencement of the training, as the attendance of the participants in the programme will be on record for perusal of the Hon'ble Court.

Any application for exemption from participation has to be addressed to the Ld. Registrar (Protocol) routed through Ld. District Judge and be emailed to the Office of the Ld. Registrar (Protocol).

The online participation of such Judicial Officers shall be treated as ‘On duty’ during Office hours. Your goodself is requested to make necessary arrangement for such attendance, as per direction of the Hon'ble Court.

Further, I am directed to inform the Trainee Officers to attend the training programme, maintaining the standard pandemic protocol. The Officers who are on duty in the Court, will attend the training from the Court and the Officers who are not on duty roster will attend conveniently.

The Ld. District Judges are requested to inform the concerned Judicial Officers accordingly.

Yours sincerely,

Sanjib Daruka

(Sanjib Daruka),

Additional Director, W.B.J.A

Encl.- List of Officers

**Online Training Programme on 'Stress Management' for the Judicial Officers of all ranks [P-190-21-22] on
18.02.2022**

Sl. No.	Name of Officers	Place of Posting
1	Sharanya Sen Prasad	ADJ, 2 nd Court, Asansol, Paschim Bardhaman
2	Shyamsundar Das	ADJ, 2 nd Court, Coochbehar
3	Sk. Mohammad Reza	ADJ, 1 st Court, Barasat, North 24 Pgs.
4	Soma Majumdar(Sadhu)	ADJ, Kandi, Murshidabad
5	Somesh Prasad Sinha	ADJ, 2 nd Court, Arambagh, Hooghly
6	Abhiram Barman	ADJ, FTC-1, Alipurduar, Jalpaiguri
7	Ansuman Chattopadhyay	ADJ, FTC-1, Tamluk, Purba Medinipur
8	Asis Kumar Mukherjee	ADJ, FTC-1, Malda
9	Kazi Abul Hassem	ADJ, FTC-1, Chinsurah, Hooghly
10	Leena Goldar	ADJ, FTC-1, Basirhat, North 24 Pgs.
11	Sambhu Sarkar	Civil Judge(Sr. Divn.), Sealdah, South 24 Pgs.
12	Samrat Ray	ACJM, Barasat, North 24 Pgs.
13	Sangita Chatterjee	ACMM, 2 nd Court, City Sessions Court, Calcutta
14	Sangram Saha	Judge, Bench-III, PSCC, Calcutta
15	Sarmistha Ganguly	Civil Judge(Sr. Divn.), 1 st Court, Contai, Purba Medinipur
16	Sharmistha Ghosh-I	Civil Judge(Sr. Divn.), 2 nd Addl. Court, Purba Bardhaman
17	Shrutirupa Ghosh(Majee)	Civil Judge(Sr. Divn.), 3 rd Court, Howrah
18	Soumya Chatterjee	ACJM, 2 nd Court, Haldia, Purba Medinipur
19	Sounak Mukherjee	Civil Judge(Sr. Divn.), 2 nd Court, Krishnanagar, Nadia
20	Srinita Das	ACJM, Dinhata, Coochbehar
21	Salomi Arnabi Das	JM, Addl. Court, Arambagh, Hooghly
22	Ananya Dasgupta	JM, 2 nd Court, Barasat, North 24 Pgs.
23	Indranil Mitra	JM, 3 rd Court, Sadar Coochbehar
24	Neha Shaw	JM, 3 rd Court, Sadar Malda
25	Unnita Panti	Civil Judge(Jr. Divn.), Siliguri, Darjeeling
26	Tapas Laha	JM, 1 st Court, Tamluk, Purba Medinipur
27	Taniya Sarkar	JM, Addl. Court, Lalbagh, Murshidabad
28	Tamali Ghosh	Civil Judge(Jr. Divn.), 4 th Court, Alipore, South 24 Pgs.
29	Sunita Saha	Civil Judge(Jr. Divn.) 2 nd Court, Baruipore, South 24 Pgs.
30	Sumita Deb Roy	JM, 4 th Court, Siliguri, Darjeeling
31	Sujata Mondal	JM, 7 th Court, Alipore, South 24 Pgs.
32	Sudeshna Samanta	Civil Judge(Jr. Divn.), 1 st Court, Sadar Paschim Medinipur
33	Sremoyee Chakraborty	JM, 2 nd Court, Ranaghat, Nadia
34	Sourav Hazra	MM, 11 th Court, City Sessions Court, Calcutta
35	Sourav Roy	JM, 2 nd Court, Balurghat, Dakshin Dinajpur
36	Sonika Shaw	Civil Judge(Jr. Divn.), 3 rd Court, Sadar Paschim Medinipur
37	Sonia Saraf	Civil Judge(Jr. Divn.), 3 rd Addl. Court, Alipore, South 24 Pgs.
38	Sneha Basu-II	Civil Judge(Jr. Divn.), 3 rd Court, Serampore, Hooghly
39	Sreejita Chatterjee	Civil Judge(Jr. Divn.), 1 st Court, Chandernagar, Hooghly
40	Sk. Jafar Ali	Civil Judge(Jr. Divn.), 2 nd Court, Sadar Malda